



## Considering the Ideas of Others:

**Here's how you can show that you are listening to and considering other people's ideas:**

1. Look in the direction of the person talking. Make some eye contact if you can.
2. Keep a pleasant and interested look on your face. Avoid showing irritation or boredom on your face and body.
3. Things that make you look irritated or bored include: Tapping your fingers, clicking your pen, looking at a clock or watch, closing your eyes, holding your head up with your hand, and yawning.
4. Nod your head "yes" sometimes as they are talking. This shows that you are hearing them and that you are considering their ideas.
5. Avoid interrupting them.
6. If you are having trouble understanding their idea or perspective, ask questions.
7. Try to make a positive comment about their idea. You could say something like, "That is an interesting point" or "I agree with that part."
8. Pause before you disagree! Let them finish talking about their idea before you say anything. Show that you have considered their idea before you express any disagreement with it.