



KEY POINTS - Bullies & Victims

1. A workplace bully might be a co-worker, supervisor, customer, or "friend."
2. A victim might be a co-worker, supervisor, customer, or "friend."
3. There are many reasons why you might be the victim of bullying. Some of these reasons relate to social skills, coping skills, work skills, or your position/status at work.
4. It is never your fault if you are the victim of bullying, and there is no excuse for bullying.